

Year 7-11 Physical Education

PE Aims for all students:



Cross Curricular Links:

- Key words – English
- Competition – PD
- Score keeping – Maths
- Body parts – Science
- GFAW – Geography

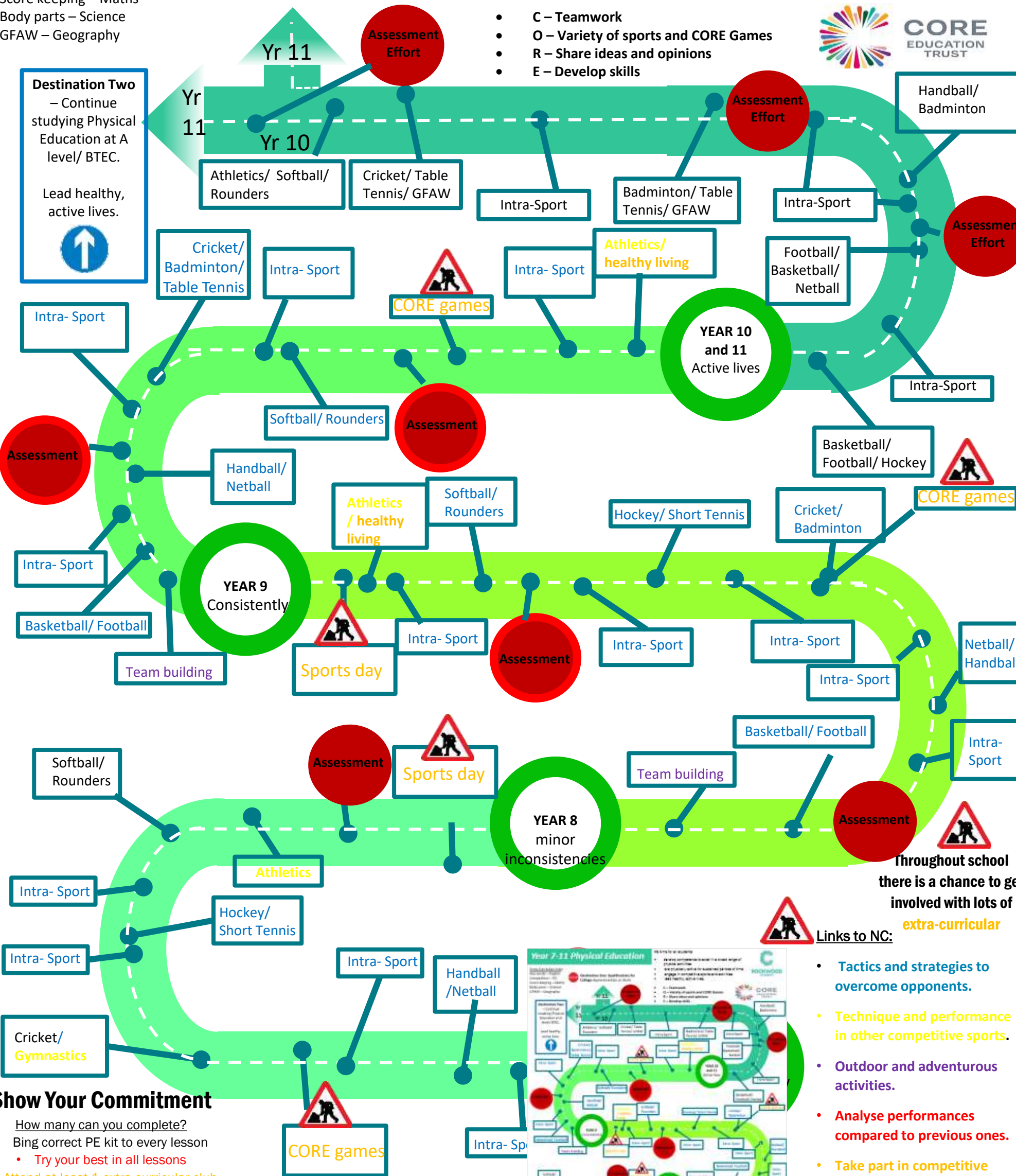
- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.
- **C – Teamwork**
- **O – Variety of sports and CORE Games**
- **R – Share ideas and opinions**
- **E – Develop skills**



STOP Destination One: Qualifications for College Apprenticeships or Work.

Destination Two
– Continue studying Physical Education at A level/ BTEC.

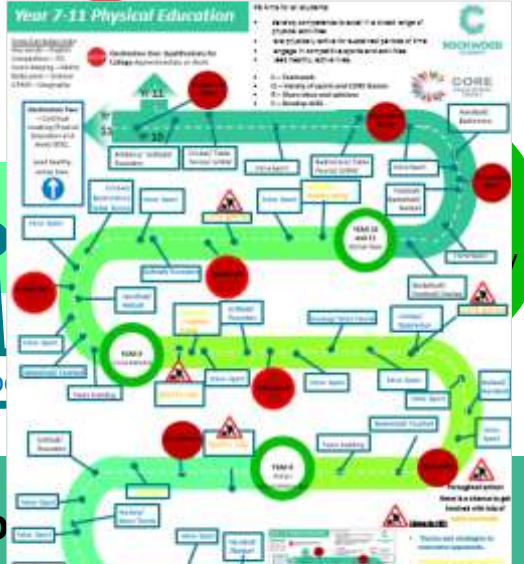
Lead healthy, active lives.



Throughout school there is a chance to get involved with lots of extra-curricular



- Tactics and strategies to overcome opponents.
- Technique and performance in other competitive sports.
- Outdoor and adventurous activities.
- Analyse performances compared to previous ones.
- Take part in competitive sports and activities outside school through community links or sports clubs



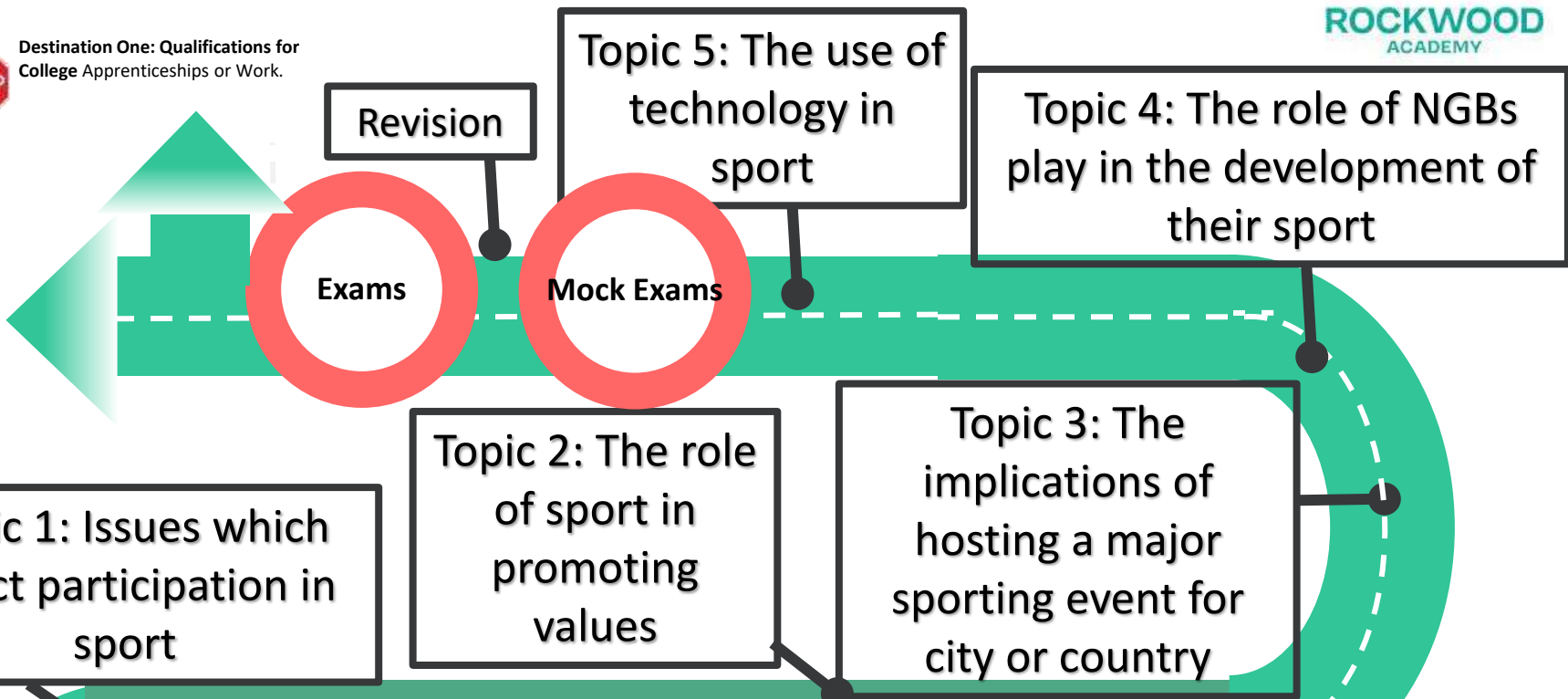
Show Your Commitment

- How many can you complete?
- Bing correct PE kit to every lesson
 - Try your best in all lessons
 - Attend at least 1 extra-curricular club



Destination One: Qualifications for College Apprenticeships or Work.

Destination Two – Continue studying Physical Education/ Sport at A level/ BTEC.
Lead healthy, active lives



Hand in unit Assessment R186

YEAR 11 Unit R184: Contemporary issues in sport

Topic 3: Negative effects of media in sport

Topic 2: Positive effects of media in sport

Topic 1: The different sources of media that cover sport

Unit R186: Sport and the Media

Hand in unit R185

Topic 3: Organising and planning a sports activity session

Topic 5: Reviewing your own performance in planning and leading a sports activity session

Assessment

YEAR 10

Topic 2: Applying practice methods to support improvement in a sporting activity

Topic 4: Leading a sports activity session

Unit R185: Performance and leadership in sport activities

Topic 1: Key components of performance – Sport 2

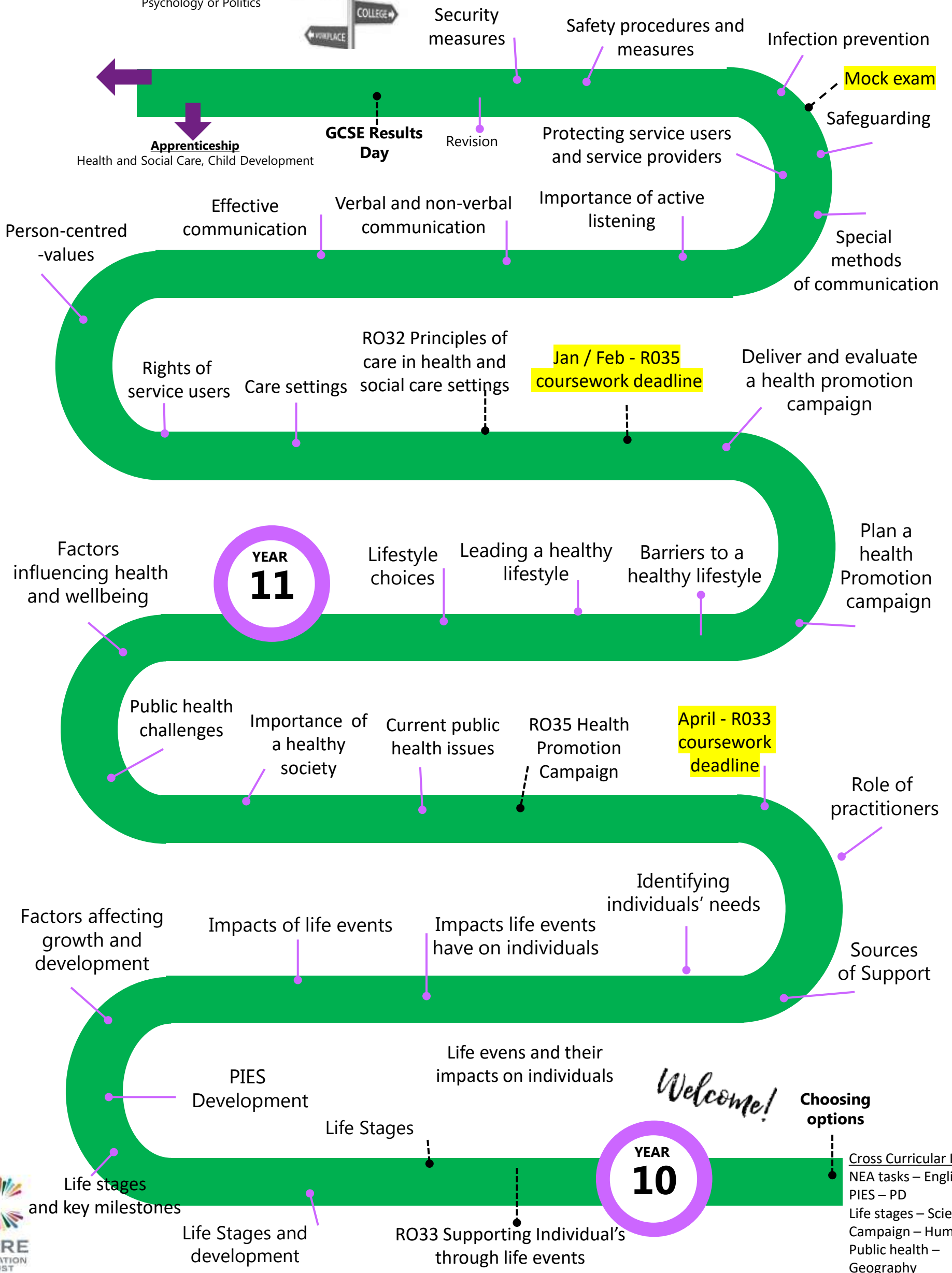
Topic 1: Key components of performance – Sport 1

START

Cross Curricular Links:
NEA coursework – English
Researching clubs – Geography
Technology and drugs in sport – Science
Leadership – PD
Media changes – History
Factors effecting participation – RE



Health & Social Care Learning Journey



Cross Curricular Links:
NEA tasks – English
PIES – PD
Life stages – Science
Campaign – Humanities
Public health – Geography